

# 4 CONSEJOS PARA MEJORAR TU SALUD



# IDEAS

A blank, cream-colored rectangular sticky note with rounded corners, attached to a brown wooden stick. The stick is positioned vertically, with the note at the top. The background is a solid yellow color.A blank, cream-colored rectangular sticky note with rounded corners, attached to a brown wooden stick. The stick is positioned vertically, with the note at the top. The background is a solid yellow color.A blank, cream-colored rectangular sticky note with rounded corners, attached to a brown wooden stick. The stick is positioned vertically, with the note at the top. The background is a solid yellow color.A blank, cream-colored rectangular sticky note with rounded corners, attached to a brown wooden stick. The stick is positioned vertically, with the note at the top. The background is a solid yellow color.

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